

Name:

My 2026 Goals



My goal for my family is...



My goal for my friendships is...



My goal for my mental health is...



My goal for learning is...



My goal for my actions towards others is...



My goal for my physical health is...



Three things that I can do to be the best version of myself this year are...

1.

2.

3.

Name:

My Math + Learning Goals



My math goal is...



How I want to feel about math this year...



When math feels hard, I will try to...



What color is math to me this year? Draw it or explain why

My Math Superpower is...

Draw yourself having a math win!

Name:

Reaching Your Goal



My goal is:

My reward is:

What I need to do to meet this goal:

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Teacher Feedback/Celebration Notes

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Name:

My New Goals This Year

Fill in each section by reflecting on all of the things you are great at, what you want to improve, and what you're looking forward to this school year!

Five things I am good at are...

- 1.
- 2.
- 3.
- 4.
- 5.

Three things I want to be better at...

- 1.
- 2.
- 3.

This year I want to...

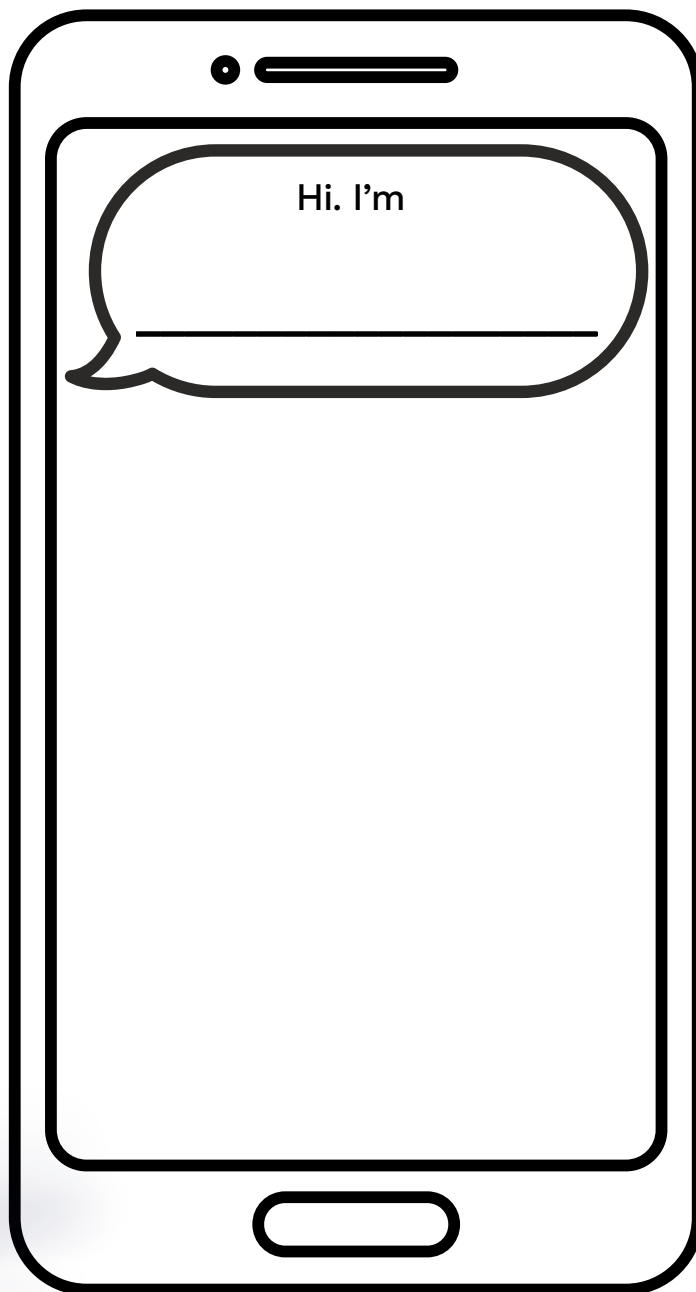
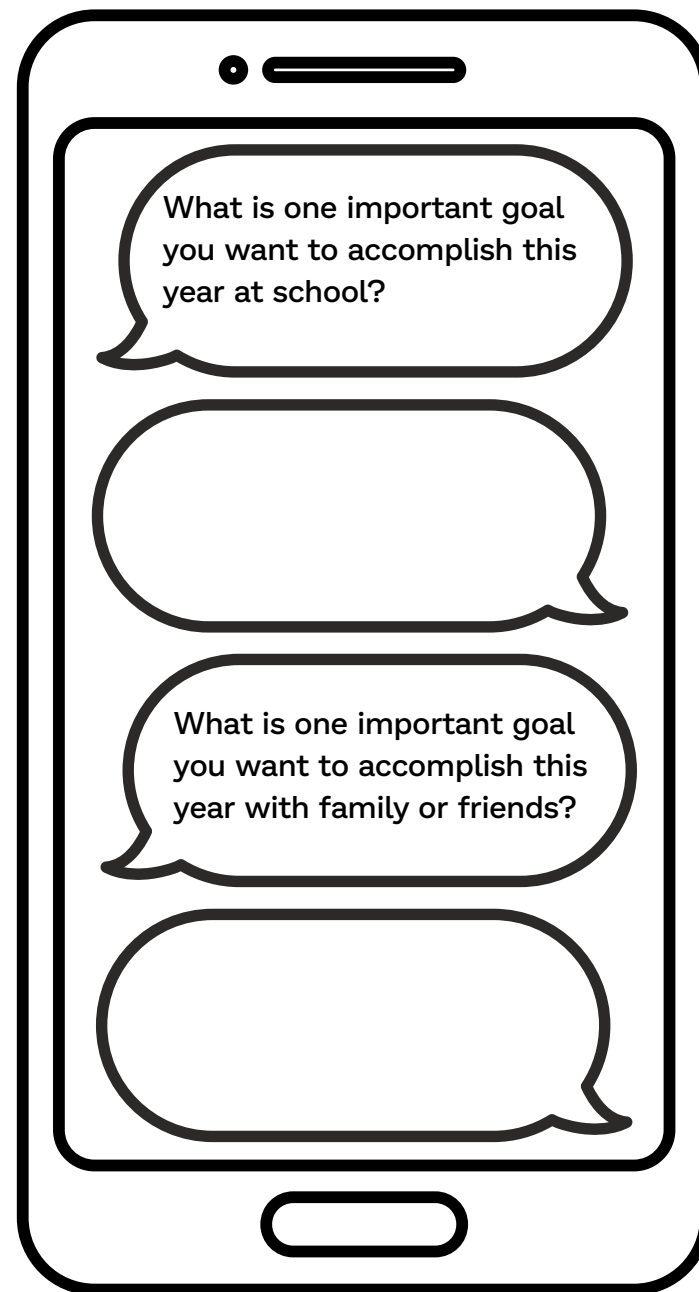
I like to learn about...

This year, I am most looking forward to...

What excites me about school is..

Goal-Setting Self Phone

Fill in the cellphone template. First, write your name and draw a picture of yourself on the left phone screen. Then, respond to the two goal-setting questions in the blank message bubbles.

A template for a smartphone screen. It features a speech bubble at the top containing the text "Hi. I'm" followed by a horizontal line for writing a name. Below the speech bubble is a large blank rectangular area for drawing a picture of oneself. The phone has a home button at the bottom.A template for a smartphone screen. It features three speech bubbles. The first bubble contains the text "What is one important goal you want to accomplish this year at school?". The second bubble is empty. The third bubble contains the text "What is one important goal you want to accomplish this year with family or friends?". The fourth bubble is empty. The phone has a home button at the bottom.